

# CELLULITE

*or "orange peel" effect*



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Cellulite appears on the skin as an unsightly, irregular and wavy condition commonly called "orange peel skin." It appears essentially due to the accumulation of fat, water and toxins in the deepest layers of the skin, which contributes to an incorrect oxygenation of the tissues. Most women are more predisposed to this effect, which has different degrees of severity and different symptoms. This skin condition negatively affects not only a person's self-esteem and self-image, but also their cellular health.

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## CELLULITE - CAUSES

There are several causes that can trigger its presence, but it can usually worsen due to factors such as hormonal dysfunctions, genetics, dietary imbalances, a sedentary lifestyle, smoking, circulatory problems and fluid retention, among others.

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## ANTICELLULITE KIT

This Anticellulite Kit has been developed to prevent and reduce the unwanted "orange peel" effect caused by cellulite. It provides the hydration, firmness and elasticity the skin needs. It combines cosmetics and food supplements for a complete and effective treatment from the outside in and the inside out.

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# THE IMPORTANCE OF COSMETICS IN THE FIGHT AGAINST CELLULITE

Using cosmetics with stimulating active ingredients and applying them with a specific massage helps to stimulate local blood circulation, reduce fluid retention and improve the firmness, elasticity and suppleness of the skin. In addition, they are essential in defining the shape of the body, maintaining the correct hydration of the skin and improving its appearance to make it look visibly healthier.

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# THE IMPORTANCE OF SUPPLEMENTS IN THE FIGHT AGAINST CELLULITE

Lifestyle plays a major role in the appearance of cellulite. A proper diet, daily physical activity, good hydration and a proper supplementation make a difference in the final result. Although visible cellulite reduction is only possible with a multidimensional approach, there are ingredients that can help facilitate this process. A combination of ingredients with a draining action to promote better microcirculation and improve skin tone and the digestive function help to reach the desired goal.

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# NUTRICODE CELLUFIGHT

A multidimensional solution. It acts on the body in two ways:

1. it acts at the source of the problem and eliminates the visible effects. The Centella asiatica helps to maintain skin firmness and elasticity. The Forskolin, found in Indian coleus and known for its influence on the metabolism, helps to maintain a healthy weight.
2. The substances contained in the Melilotus officinalis and the horse chestnut promote proper circulation, which is one of the main ways to reduce visible cellulite.

To be used together with a healthy lifestyle (proper nutrition and daily physical activity).



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## B-GLUCAN ACTIVE ANTICELLULITE BODY BALM

The B-Glucan Active Anticellulite Body Balm has a complex strongly enriched with anticellulite stimulating active ingredients. It is perfect for preventing and minimizing the "orange peel" effect, since it shapes your figure with its slimming and antioxidant action. It contains oat beta-glucan, which moisturizes, Centella asiatica extract, which stimulates collagen production, and regenerating horsetail extract. The caffeine stimulates blood micro-circulation and accelerates the process of adipose tissue degradation promoting skin firmness, while the l-carnitine helps to shape your figure and reduce the "orange peel" effect.

- Prevents/minimizes cellulite and stretch marks
- Improves skin hydration, firmness and elasticity
- Ideal for treating specific areas of the body: thighs, hips, buttocks, and abdomen

### Application:

- Daily, mornings and evenings, actively massaging with upward movements..



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# HELLO HONEY MANUKA NATURAL SUGAR BODY

Hello Honey Manuka Natural Sugar Body Scrub is the perfect weekly cosmetic for the treatment of cellulite. It contains 99% of ingredients of natural origin, among which we can find manuka honey, considered the most powerful honey in the world, rich in vitamins, minerals, sugars and flavonoids, with healing, antioxidant and antibacterial properties. This cosmetic gently removes dead cells, cleanses, illuminates, regenerates and rejuvenates the skin of the body.

- It softens the skin, improves its firmness and prepares it for your daily anticellulite treatment.
- Suitable for all skin types, even the most sensitive.

Application:

- Weekly, once or twice.



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# UTIQUE FIRMING RITUAL LUXURY MASSAGE OIL

Utique Firming Ritual Luxury Massage Oil is the best ally in the fight against unwanted cellulite. It contains several precious oils that nourish the skin. The ginger extract collaborates in the process of adipose tissue degradation, leaving the skin visibly smoother and more even, and reducing the "orange peel" effect.

The application by performing the associated sculpting massage:

- Effectively reduces cellulite and flaccidity
- Improves blood circulation
- Increases oxygenation of the tissues
- Reduces edemas (fluid retention)
- Promotes the elimination of toxins
- Improves skin elasticity and firmness

Application:

- Depending on skin's needs, alternate its application with the B-Glucan Active Anticellulite Body Balm. Perform the sculpting massage that was specifically created for this cosmetic.



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## EFFECTS AFTER 6 WEEKS



BEFORE



AFTER



BEFORE



AFTER

### Products used:

- Hello Honey Manuka Natural Sugar Body Scrub - twice a week
- Anticellulite Body Balm - twice a day
- Cellufight - 1 tablet a day for 6 weeks + dietary care

Note: After a few days of using the treatment kit:

- Anticellulite Body Balm - once a day in the morning
- Firming Ritual Luxury Massage Oil - once a day in the evening

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